



RETIREMENT NOTIFICATION FORM

PLEASE PROVIDE THE INFORMATION IN CAPITAL LETTERS OR IN PRINT ACCORDING TO THE LATIN ALPHABET

PLEASE RETURN THE COMPLETED AND SIGNED FORM TO ibsf@ita.sport

I. ATHLETE INFORMATION

First Name _____	Last Name _____
Nationality _____	Date of Birth _____
ADAMS ID _____	
Address _____	
Telephone No. _____	Email ID: _____

II. APPLICABLE PROVISIONS OF THE IBSF ANTI-DOPING RULES¹

Upon retirement, the following provisions of the IBSF Anti-Doping Rules will remain applicable to you:

5.11 Retired Athletes Returning to Competition

5.11.1 An Athlete in IBSF's Registered Testing Pool who has given notice of retirement to IBSF may not resume competing in *International Events* or *National Events* until he/she has given IBSF written notice of his/her intent to resume competing and has made him/herself available for *Testing* for a period of six months before returning to *Competition*, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations². WADA, in consultation with IBSF and the *Athlete's National Anti-Doping Organization*, may grant an exemption to the six-month written notice rule where the strict application of that rule would be manifestly unfair to an *Athlete*. This decision may be appealed IBSF Anti-Doping Rules 27 under Article 13. Any competitive results obtained in violation of this Article 5.7.1 shall be *Disqualified*.

5.11.2 If an *Athlete* retires from sport while subject to a period of *Ineligibility*, the *Athlete* shall not resume competing in *International Events* or *National Events* until the *Athlete* has given six months prior written notice (or notice equivalent to the period of *Ineligibility* remaining as of the date the *Athlete* retired, if that period was longer than six months) to IBSF and to his/her *National Anti-Doping Organization* of his/her intent to resume competing and has made him/herself available for *Testing* for that notice period, including (if requested) complying with the whereabouts requirements of Annex I to the *International Standard* for Testing and Investigations.

¹ Available at IBSF website : <https://www.ibsf.org/en/anti-doping>

² Available at <https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-for-testing-and-investigations-isti>

III. ATHLETE DECLARATION

I voluntarily declare that I have decided to retire from international sport and I do not intend to compete in any *International Events* or *National Events*.

Likewise, I declare that I have read and understood the IBSF Anti-Doping Rules, in particular Article 5.11 of the IBSF Anti-Doping Rules, and that I understand all the consequences of my retirement from the sport.

Therefore, I request for my name to be removed from the IBSF Registered Testing Pool.

Athlete Signature _____

Name and signature of
the representative of the
National Federation

Name _____

Signature _____

Date _____